

# SAMIKSHYA KAFLE, RDH

Registered Dental Hygienist | FL License DH35572 | Lake Mary, FL | Available now

samprakash2078@gmail.com · (412) 266-6084 · Lake Mary, FL · samikshyakafle.com · linkedin.com/in/samikshya-kafle

## SUMMARY

Florida-licensed Registered Dental Hygienist (RDH, DH35572) in Lake Mary, available now and local to Central Florida. Three years of clinical practice centered on hygiene and prevention: periodontal assessment and six-point charting, scaling and root planing, prophylaxis, ultrasonic and hand instrumentation, digital radiography, oral-pathology screening, and patient education. Trained as a dentist (Bachelor of Dental Surgery) before choosing to build a career in dental hygiene, which adds anatomical and diagnostic depth at the chair. Multilingual (English, Nepali, Hindi, Bengali) for clear patient communication. Florida local-anesthesia certification (University of Florida) in final processing. U.S. Permanent Resident, authorized to work without sponsorship.

## CORE COMPETENCIES

Periodontal charting and six-point probing · Scaling and root planing (SRP) · Ultrasonic and hand instrumentation · Full-mouth debridement · Prophylaxis and preventive care · Fluoride and sealants · Periodontal maintenance and recare · Digital radiography (bitewings, periapicals, FMX, panoramic) · Oral-pathology and oral-cancer screening · Treatment-plan support and patient education · Infection control (OSHA, CDC) · HIPAA-aware documentation · Open Dental, Dentrix, Eaglesoft

## LICENSES AND CREDENTIALS

- **Florida Dental Hygiene License (RDH)** · DH35572 · Active, expires 02/28/2028
- **BLS for Healthcare Providers** · American Heart Association · Through 03/2028
- **Local Anesthesia (Florida)** · University of Florida · coursework, examination, and clinical requirements complete; state certification in final processing
- **ADHA Member** · American Dental Hygienists' Association
- **Work Authorization** · U.S. Permanent Resident (no sponsorship required)

## CLINICAL EXPERIENCE

### Registered Dental Hygienist, Florida-Licensed

2025 to Present

Central Florida · Available now

- Florida-licensed RDH (DH35572) interviewing for hygiene roles across Central Florida; maintaining full clinical readiness, BLS, continuing education, and local-anesthesia certification.

### Dental Hygienist (General Dental Practice)

Dec 2021 to Mar 2024

Health and Development Society Nepal · Kathmandu, Nepal

- Delivered hygiene-centered care: prophylaxis, scaling and root planing, supragingival and subgingival debridement, coronal polishing, fluoride, and sealants for adult, pediatric, and older-adult patients.
- Performed full periodontal charting, six-point probing, oral-pathology and oral-cancer screening, radiographic exposure and interpretation, and patient-specific preventive education.
- Carried a busy caseload averaging 8 to 10 patients per day and reaching 12 to 15 on hygiene-focused days, building chairside flow, recare rhythm, and patient-communication style.
- Documented in Open Dental and maintained sterilization and infection-control discipline; managed cases from advanced periodontal disease requiring multi-quadrant SRP to routine recare.

### Dental Assistant Externship (U.S. Clinical Orientation)

Feb 2026 to Apr 2026

Advanced Dental Solutions · Pittsburgh, PA

- Completed a 60-hour supervised externship in an active U.S. dental practice to re-acclimate to U.S. chairside flow, documentation, patient seating, and infection-control routines.
- Captured bitewing and periapical radiographs and supported intraoral imaging; maintained clean clinical charting, intake notes, and recare-ready records.
- Observed U.S. periodontal and prophylaxis workflows while supporting preventive, restorative, and surgical visits through four-handed dentistry.

### Dental Intern (Rotating)

Dec 2020 to Dec 2021

Rangpur Dental College, University of Rajshahi · Bangladesh

- Built hands-on foundation in professional cleaning, periodontal charting, full-mouth and bitewing radiographs, panoramic interpretation, and clinical documentation.

## EDUCATION AND TRAINING

- **Bachelor of Dental Surgery (BDS)**, Rangpur Dental College, University of Rajshahi, Bangladesh · Dec 2016 to Feb 2020
- **Florida Dental Hygiene Credentialing and Licensure** · Apr 2024 to Nov 2025 · Completed the Florida dental hygiene licensure pathway after relocating to the United States.
- **Dental Assistant Accelerated Training Program**, Cornerstone Dental Assisting Academy, Washington, PA · Dec 2025 to Mar 2026
- **Nepal Medical Council** · Registered Dental Practitioner

## **SOFTWARE, LANGUAGES, AND WORK AUTHORIZATION**

---

- **Software** · Open Dental, Dentrix, Eaglesoft, digital radiography, intraoral imaging, HIPAA-aware clinical notes
- **Languages** · Fluent English; Nepali (native); conversational Hindi and Bengali
- **Work Authorization** · U.S. Permanent Resident, authorized to work without sponsorship